**Recipe name**

**Ingredients:**

* add

**Method:**

1. add

**Cocoa**

**Ingredients:**

* 2/3 cup of rolled oats
* 1 tbsp chia seeds
* 1/4 cup unsweetened yogurt
* 1 tbsp maple syrup
* 2 tsp unsweetened cocoa
* 1 tbsp coconut (optional)
* Coconut milk, almond milk or any other milk

**Method:**

* Put all ingredients (besides the milk) in the jar.
* Fill the jar with liquid until the oats are covered.
* Leave in the fridge overnight.

**Recipe name**

**Ingredients:**

* add

**Method:**

1. add

**Recipe name**

**Ingredients:**

1. add

**Method:**

1. add